



# EMPLOYER SPOTLIGHT

## WORK PARTNERS OCCUPATIONAL HEALTH SPECIALISTS



Hello  
my name is

**Lillian Parker**  
HR Tech/Workers' Comp  
Vista Unified  
School District



Located in North San Diego County, WorkPartners clinics are full service Occupational Health clinics dedicated to supporting the health and wellness of local employees.

[www.WorkPartnersOHS.com](http://www.WorkPartnersOHS.com)



VISTA UNIFIED SCHOOL DISTRICT  
EXCELLENCE ★ INNOVATION

### What is your role and responsibility?

"I have the pleasure of working in the Business Services Department as a Human Relations Technician handling all the Workers Compensation claims. I am the contact for all of Vista Unified School District employees and volunteers. My role is to guide the injured worker through the process from beginning to end. Filing a claim can be very difficult, and scary, for the employee and it is my responsibility to ease their fears and answer any questions they may have. My goal is to ensure he/she receives the best care possible in order to achieve recovery. VUSD provides excellent workers compensation benefits to its employees. Add WorkPartners, and Kris Hoger with Keenan & Associates to the mix, and we have a tremendous team working together for the good of our employees."

### What is your greatest workforce health or safety challenge?

"Vista Unified is a very large school District with a staff of over 3000. Each and every person is important and safety is our first priority. The biggest challenge is getting people to understand that safety has to be a part of our lifestyle, not just at work. Thinking safety should always be on our minds. We tend to get easily distracted and don't pay attention to our surroundings. How often do you see someone walking while looking at their cell phone? Accidents will happen, but we can avoid some of them just by being conscious of what is around us. Look for those tripping hazards, watch our posture, lift properly. Think Safety!"

### What health or safety campaign has been most successful?

"VUSD is partnered with Keenan and Associates providing training to all its employees. The monthly awareness trainings, online webinars, ergonomic workstation evaluations are all part of VUSD's safety campaign. Jeff Geyer, our Environmental and Safety Manager, has implemented a great program under the direction of our Assistant Superintendent, Donna Caperton. I am thrilled to be part of the team to keep VUSD safe."

### Is your partnership with WorkPartners successful?

"Our partnership with WorkPartners has been extremely successful. I often ask our injured worker about his/her experience during their visit to the clinic and the feedback has been very positive. My own experience is the staff is friendly and helpful. It makes a big difference when the injured worker feels confident with the level of care he/she is receiving. Utilizing WorkPartners full

service clinic has had a positive impact with our pre-employment process as well. Our HR Department is able to send new

hires to one clinic for testing and fingerprinting instead of two separate locations, making it much more convenient for the new employee.”

**What is your leadership philosophy?**

“Lead by example. That's the best way to influence others in a positive way.”

**What was the last good management book you read?**

“Who Moved My Cheese? It's an old book, but the message is timeless. We need to be prepared for change; to adapt to our environment rather than expect our surroundings to conform to us. Avoid getting stuck in a rut.”

**What is your favorite business quote?**

“Fail early, fail often, but always fail forward” by John C. Maxwell. If we don't try for fear of failing, then there is no personal growth. Failure teaches us how to succeed. My personal failures throughout the years have made me stronger and I don't look back on them with regret, but as valuable life lessons.”

**Anything else you like to share with your peers?**

“This is going to sound cheesy, but, always have a smile on your face. Even when you don't feel like it. A smile can make a huge difference in someone else's life. It's a gift we can all afford to give.”

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